

VAMPIRE FACIAL MICRONEEDLING WITH OR WITHOUT PRP PRE- + POST-PROCEDURE PATIENT INSTRUCTIONS

PRE-PROCEDURE INSTRUCTIONS

- Discontinue auto-immune therapies or retinoid (Retin-A) and/or any form of skin treatment 24 hours prior to procedure, consult your Healthcare Practitioner before taking this step.
- We can not treat active acne, rosacea, or other inflammatory skin conditions. We can not treat over piercings or tattoos in treatment area or open wounds.
- If you have a history of herpes simplex virus, medication must be taken per doctor's instructions prior to and after the procedure.
- If you take any medications that affect the characteristics of the skin, please consult with your Healthcare Practitioner, as these should be stopped for two months prior to treatment.
- Remain out of the sun for 14 days prior to the procedure. This includes tanning beds and tanning creams.
- If you have a darker skin tone, pigment on your skin may darken prior to lightening.

POST-PROCEDURE INSTRUCTIONS

- The skin will be red and flushed, similar to a mild to moderate sunburn, for 12 hours to 3 days.
- You may also experience mild swelling, tightness, and/or mild peeling. Side effects are temporary and typically resolve within 3 days. Total healing time depends on the depth of the treatment, skin type, and skin condition, and some patients may heal completely in 24 hours.
- Patients typically notice an immediate glow, but visible improvement will take 1 month and can continue for up to 6 months.
- A series of 4–6 treatments spaced at least 2 weeks apart is ideal for optimal results. Some conditions like deep wrinkles, advanced photo-aging, stretch marks, and acne scars may need 6–8 treatments.
- Avoid harsh facial moisturizers and washes for a week post treatment.
- Avoid chemical and mechanical exfoliation for a week post treatment.
- To dramatically increase the results of your treatment, we recommend Skinmedica TNS Recovery Complex and Skinmedica HA5 hydrator. These two products should be used daily after cleansing and toning. We can not guarantee results of your microneedling treatment without these 2 products. To use: wash face with a gentle cleanser and toner, apply TNS, apply HA5, then apply moisturizer. This should be done twice a day. Always apply SPF in the morning.
- If you have any questions or concerns, contact us at 802-861-2273 or email: info@barevt.com

If you have questions or concerns after business hours following a procedure, please call us at **802-861-2273** and push **option 5** to be connected to our answering service. **For a true medical emergency, call 911.**